

THE
ROYAL
BOSTON

BREAKFAST

M E N U

Compass Hospitality

THE
ROYAL
BOSTON



cooked breakfast

Hot Dishes – Eggs & Proteins

- Scrambled eggs (contains 3,4)
- Fried Eggs (Sunny Side Up) – To order (contains 3)
- Boiled or Poached Eggs – To order (contains 3)
- Bacon (contains none of the 14 allergens)
- Sausages (Pork) (contains 10,12)
- Sausages (Vegetarian/Vegan) (To order) (contains 1, 4, 9 allergens)
- Hash browns (contains none of the 14 allergens)
- Baked beans (contains none of the 14 allergens)

This includes:



All you can eat
from our cooked
breakfast



All you can eat
from our continental
breakfast



Unlimited
drinks



Unlimited continental



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All you can eat
from our continental
breakfast



Unlimited
drinks

Bakery Station

- Croissants (contains 3,4,10)
- Pain au chocolat (contains 3,4, 9,10)
- Muffins (contains 3,4,10)
- Toast (White, Brown) with toaster station (contains 9,10)
- Sliced Gluten Free Bread (contains 3)
- Pancake served with various toppings (contains 1,3,4,10)

Selection of Cereals & Porridge

- Cornflakes (contains 10)
- Bran flakes (contains 9,10)
- Coco pops (contains 10)
- Crunchy nut (contains 2,10)
- Muesli (contains 1,10)
- Oat/ porridge - To Order/ Milk optional

Fresh Fruit and Juices

- (contains none of the 14 allergens)
- Tinned grapefruits
- Tinned peaches
- Whole fruits (bananas, apples, oranges)
- Fruit berry compote
- Fruit juices (orange, apple)

Spreads & Condiments

- Butter portions (contains 4)
- Dairy-free sunflower spread (contains none of the 14 allergens)
- Assorted jams and preserves (contains none of the 14 allergens)
- Orange marmalade (contains none of the 14 allergens)
- Honey portions (contains none of the 14 allergens)
- Chocolate hazelnut spread (contains 1,4,9 allergens)
- Marmite

Dairy & Alternatives

- Semi skimmed Milk (semi-skimmed) (contains 4)
- Plant-based milks (soy, oat) (contains 9)
- Yoghurt (plain)(contains 4)
- Fruit yoghurt (contains 4)
- Cream cheese (contains 4)

Allergen Index

- 1. Nuts
Almonds, Walnuts, Pecan Nuts, Brazil Nuts, Hazelnuts, Cashews, Pine Nuts, Pistachios, Macadamia Nuts
- 2. Peanuts
- 3. Eggs
- 4. Dairy
- 5. Crustaceans
Shrimp, Crayettes, Prawns, Crab, Crayfish, Lobster
- 6. Fish
- 7. Sesame
- 8. Celery
- 9. Soya
- 10. Cereals containing gluten
Wheat, Oats
- 11. Mustard
- 12. Sulphites
- 13. Lupin
- 14. Molluscs
Clams, Cockles, Mussels, Oysters, Octopus, Snails, Squid, Calamari, Scallops

Unlimited Drinks

Fresh Juices
Tea & Coffee

